### HOT BEVERAGES

Your choice of: whole milk / low-fat milk / soy milk / almond milk  
Extra whipped cream: 5 nis

- Honey, Cold Pressed with lemon and cinnamon
- Ginger & Turmeric Root
- Cappuccino
- Large Cappuccino
- Espresso
- Double Espresso
- Americano in a variety of flavors
- Tea
- Black Coffee freshly ground
- Dutch Hot Chocolate with whipped cream
- Vegan Halva Soy
- Aroma Coffee
- Hot Chocolate with Mini Marshmallows
- Cookies chocolate milk
- Mocha Coffee espresso, hot water, chocolate, hot frothed milk
- Sachlav garnished with coconut, walnuts and cinnamon
- Chai Latte vanilla and cinnamon flavored
- Con panna Espresso, whipped cream
- Affogato Espresso with Vanilla Ice Cream

### ICED DRINKS+ICE CREAM

- Ice Aroma / Diet
- Ice Chocolate
- Ice Aroma w/ Ice Cream
- Ice Aroma w/ Cookies
- Ice Vanilla
- Iced Mint-Lemonade espresso, cold milk, ice
- Ice Cappuccino Double Espresso, ice, water
- Ice Americano
- Vegan Iced Coconut-Lychee
- Coconut-Lychee Milkshake
- Alfajores Milkshake
- Brownies Milkshake
- Fruit Shake Tropical / Berry
- Diet Ice Tea with ice, lemon & mint
- Beer bottle
- Vanilla Ice Cream with Toppings choose 1 topping: brownies crumbs/
- Alfajores and Dulce de leche/
- tahini and halva chips
- extra topping: 3 nis
- flavored syrup: cherry / chocolate

### COLD DRINKS

- Honey, Cold Pressed Ginger & Turmeric with lemon and cinnamon
- Lemonade served with ice
- Bottled Water/Soda
- Soft Beverages/Flavored Water
- Iced Tea peach flavour with ice
- Diet Tea with ice, lemon & mint
- Beer bottle

### JUICES SQUEEZED ON THE SPOT

- Beet, Apple, Carrot, Celery
- Orange
- Carrot
- Orange & Carrot
- Apple & lemon
- Special Mix of Seasonal Fruits

- Add spirulina (Orange, Carrot, Orange & Carrot, or Apple & Lemon juice) for 4 nis

All our products may contain various types of allergens. For further details – please check our website or nutritional booklet.
TOASTED SANDWICHES

All toasted sandwiches are served with a small salad: Israeli/green

- **Chemed Cheese**: 5% Chemed cheese, red onion, hard-boiled egg, olive tapenade, shalta pepper, roasted tomato, salt and pepper, seasoned with lemon.
- **Mozzarella Cheese**: mozzarella cheese, roasted tomato, roasted red onion, Pesto, black pepper
- **Emek Cheese**: hard yellow cheese, tomato, olive tapenade
- **Bulgarian Cheese**: 5% Bulgarian cheese, hard yellow cheese, roasted pepper, olive tapenade
- **Kids Special**: toasted sandwich with hard yellow cheese, served with sliced tomatoes & cucumber. your choice of small ice cream or 2 rugelach for an additional 3 nis

SANDWICHES

- **Omelet**: omelet, cream cheese, tomato, pickles, lettuce
- **Halloumi**: roasted halloumi cheese, cream cheese, tomato, pickles, lettuce
- **Tuna**: tuna, Aroma dressing, tomato, pickles, anarula
- **Sabich**: sliced potato, roasted eggplant, hard boiled egg, spicy pepper spread, pickles, lahmia and parsley
- **Avocado**: avocado spread, hard boiled egg, tomato
- **Vegan Chickpea Omelet**: vegan chickpea omelet, tahini, tomato, pickles, lettuce
- **Fritata Omelet**: fritata omelet with potato slices, spicy pepper spread, tahini, lettuce, tomato, pickles
- **Vegan roasted vegetables**: roasted eggplant, roasted mushrooms, pepper, tahini, roquette, basil & salt
- **Salmon**: smoked salmon, cream cheese, lettuce, red onion, lemon sauce
- **Roast Beef**: hot roast beef, onion marmalade, white cabbage, tomato, mustard sauce, mayonnaise, olive oil lemon juice, salt and pepper
- **Chicken Breast**: roasted chicken breast, roasted pepper, red onion, aoli dressing, tomato, anarala

classic sandwiches

- **Chemed Cheese**: 5% chemed cheese, spicy pepper spread, lettuce,tomato, za’atar, olive
- **Greek**: 5% Bulgarian cheese, tomato, basil, olive oil
- **Yellow Hard Cheese**: hard yellow cheese, cream cheese, lettuce, tomato
- **Egg Salad**: freshly made egg salad, tomato, spring onion

BREAKFAST

- **Israeli Breakfast**: two eggs - any style**, small salad: israeli/green, served with bread/Bite sized rolls,butter, tahini sauce and olive oil (**scrambled eggs are made with three eggs**). Your choice of 3 side orders from the variety of extras costing up to 14 nis
- **Vegan Breakfast**: chickpea omelet, small salad: israeli/green, bread/Bite sized rolls, olives. Your choice of 3 side orders: roasted mushroom, roasted pepper, roasted eggplant, tofu, avocado spread, warm chickpeas, sliced potato or olive tapenade
- **Orange Breakfast**: omelet (made with 2 eggs) with sweet potato, a side of smoked salmon, toasted bread with olive oil, cream cheese and spring onion. Served with a side of small salad: israeli/green
- **Shakshuka**: two eggs sunny side up, tomato and pepper sauce, parsley, bread/Bite sized rolls & butter, served with tahina
- **Sunny Side Up**: two Sunny side up eggs on a buttered toasted bread with yogurt, diced tomato, za’atar, parsley, salt and pepper. Served with a side of small salad: israeli/green
- **Yogurt Parfait**: 0% yogurt and granola with seasonal fruits, served with honey or date syrup on the side
- **Breakfast On-the-Go**: one scrambled egg, tahini, finely chopped Israeli salad, red onion and parsley

TOASTED SANDWICHES

- **Spicy Pepper Spread**
- **Croutons**
- **Pickles**
- **Tahini**

SMALL SALADS

- An addition for bite sized rolls, sandwiches and soups.
- 5% bulb onion, red onion, parsley, served with bread/Bite sized rolls, olives, tahini, sauce and sauce

EXTRAS

- for sandwiches, salads, breakfast and toasted sandwiches | extras for half-sandwiches and bite sized rolls half the price
- 3 nis
- Roasted Mushrooms
- Almond
danish
- Tuna
- Chicken
- Avocado
- Salmon
- Pepper
- Spinach
- Tomato
- Pickles
- Salad
- Bread/Bite sized rolls, olives. Your choice of 3 side orders from the variety of extras costing up to 14 nis

BREADS

- whole wheat bread & light grain bread meet the Ministry of Health’s recommendations for a healthier diet.

SOUPS

- with bread & butter/bite sized rolls & butter
- * fresh vegetables with spices * no soup powder * no preservatives

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**SALADS**

Served with bread/bite sized rolls & butter, dressing

- **Jerusalem**
  - tomatoes, cucumbers, croutons, tahini, roasted chicken breast, red onion, parsley
- **Aroma**
  - lettuce, tomato, cucumber, 5% Bulgarian cheese, radishes, red onion, za’atar, sumac, seasoned with olive oil, served with lemon
- **Tuna**
  - tuna, lettuce, potato, corn, peas, hard-boiled egg, roasted eggplant, tomatoes, pickles, spring onions, red onions, parsley, seasoned with olive oil and served with lemon
- **Chicken**
  - hot diced chicken breast, white cabbage, red cabbage, red onion, carrots, sliced potatoes – roasted on the grill. Lettuce, tomato, panary, spring onion and anarula. Seasoned with mayonnaise, olive oil and lemon juice dressing, black pepper
- **Halloumi**
  - slices of roasted halloumi cheese with white cabbage and roasted mushrooms, roasted pepper, red onion, tomatoes, carrots, lettuce, parsley, arugula, seasoned with olive oil and lemon juice dressing. On top Easy over egg
- **Souk**
  - tofu (5% Bulgarian cheese, tomatoes, cucumbers, white cabbage, red cabbage, Jala (mix of roasted seeds), mint, basil, olives served on the side. Seasoned with olive oil and lemon juice dressing
- **Beet & Lentil**
  - Black lentil, cooked beetroot, sweet potato cubes, 5% Bulgarian cheese, carrot, mint, rouquette, spring onion. Seasoned with olive oil and lemon juice dressing
- **Pasta**
  - vegan optional
  - 5% Bulgarian cheese / tuna / tofu / fusilli pasta, tomatoes, roasted pepper, peas, red onion, basil, arugula, za’atar, seasoned with olive oil and lemon juice dressing
  - Roasted mushrooms for an additional 4 nis
- **Quinoa**
  - quinoa, lentils, mung bean, buckwheat, wheat, sweet potato, cranberries, walnuts, tomato, red onion, coriander, mint, basil, spring onion, raw tahini and sesame seeds, seasoned with sesame oil, salt, black pepper and lemon juice can be topped with tofu / chicken (approx. 200 grams) for an additional 3/10 nis
- **Root Vegetable & Baked Salmon**
  - carrot, beet, sunflower seeds, soy beans (edamame), yellow beans, peanuts, white cabbage, red cabbage, spring onion, red onion, basil, coriander, mint and salad sauce
  - Served with baked salmon in Teriyaki sauce
- **Israeli**
  - tomatoes, cucumber, parsley, red onion
  - Served with tahini on the side

**BITE SIZED ROLL**

- **Omelet, Halloumi, Greek, Chemed Cheese**, Egg Salad, Tuna, Avocado, Yellow Hard Cheese, Chickpea Omelet
- **Vegan roasted vegetables**
- catering sandwiches trays (16 bite sized sandwiches – 180 nis)

- Whole wheat bite sized rolls meet the Ministry of Health’s recommendations for healthier nutrition.

- The Whole bite sized roll has been tested and meets the criteria of Israeli Diabetes Association.

- *4.4 gram Bite sized roll: contains approximately 14.3 grams of available carbohydrates.

**BREADS**

- whole wheat bread & light grain bread meet the Ministry of Health’s recommendations for a healthier diet.

- whole wheat bread & light grain bread have been tested and meet the criteria of Israel Diabetes Association.

- Each slice of light grain bread (60 grams) contains about 13.5 grams of carbohydrates

- Each slice of whole wheat bread (60 grams) contains about 11.5 grams of carbohydrates

- Spicy

- Vegan

- Vegan optional

- Fresh vegetables with spices

- No soup powder

- No preservatives